From the Hill

As the Director of Fire and EMS, I would like to report on several achievements in the past three months as our efforts continue to focus on service delivery to our customers – the citizens of Prince George County.

The 2013 Basic Fire Academy graduated 13 members out of the initial 22 who began the class.

The Strategic Plan has been delivered to all Fire and EMS companies as well as the Board of Supervisors. The delivery was well received by all parties.

The Board of Supervisors voted to support a $0.02 tax increase that is tied directly to Public Safety. One penny will go towards the Apparatus Replacement Fund for future purchases and the other penny will go towards hiring three additional Fire-Medics.

Additional apparatus was received and training has begun to get those units in service.

All of these efforts contribute to the mission of the organization of providing quality services and ultimately support the continued focus on the delivery of services.

The next few months are filled with programs and events that focus on our greatest resource – our First Responders. Without them, the achievements of the past would be useless.

An appreciation picnic was coordinated for all Fire & EMS members during National EMS Week.

To help enhance the delivery of services, the EMS Volunteer Incentive Plan was presented to the Board of Supervisors and approved.

Support from our volunteers for these programs is vital to successfully progress in providing the best level of service to the citizens, visitors, and workers in Prince George County.

Lastly, I want to thank each of you for the hard work and dedication you provide to help meet our mission. STAY SAFE!

Mission

To provide quality services through the dedication of our people.

“Neighbors helping neighbors”
Hometown: Carson, Virginia
Current City: Carson, Virginia
Marital Status: Married to Marcy Campbell for 14 yrs
Age: 42
Do you have any children: 3 kids. Samantha, Thomas and Madison
Member of what Fire and EMS Company: Carson Vol. Fire Dept.
Position at the company: Chief
Years of Service: 27 Years
Favorite Quote: "You're only as strong as your weakest link" -Author unknown
Jobs outside the Fire Department: Mechanic at W.S. Campbell Towing and Repair
What is your favorite part about volunteering with Prince George Fire and EMS: Giving back to the community and helping the citizens of P.G.
Where do you see yourself 5 years from now: Still heavily involved with CVFD, helping the Carson Community, make P.G. Fire and EMS a better organization and working at W.S. Campbell Towing and Repair.
How would your co-workers describe you: Hard worker, don't mind working, know how to achieve what I am working for and helping others achieve their goals
What is your proudest accomplishment while being part of PGFEMS: Being chief of CVFD and having the opportunity to serve on the committees with other outstanding individuals throughout the county
What advice would you give to someone new to the fire department:
Always keep an open mind, be respectful of others, know that sometimes there's more than one way to achieve the same goal and there is no I in TEAM!

“Neighbors helping neighbors”
In an effort to address maintenance issues at the County’s public safety facilities, the Board of Supervisors recently allocated monies to begin with the Emergency Crew building. Thanks to Bill Hamby and the Building and Grounds team, work on partial roof replacement, drain pipe repair, and insulation replacement has already been completed.

The heating-ventilation-air conditioning system will need to be completely replaced. The current system is very old, dysfunctional, and was actually causing a mildew situation in the second floor living quarters. The system will be converted from an electrical system to a more efficient propane fueled system.

Bathroom facilities both on the first and second floors will be renovated to replace pipes protruding from the wall, cracked tiling, to provide privacy which currently does not exist, and to add storage which also does not exist.

A secure and video monitored storage room will be upgraded to house EMS supplies so that materials and supplies can be more effectively managed.

Painting and new carpeting will bring to life the interior of the building and exterior painting will replace the present dirty appearance. Broken soffits, gutters, and shutters will be repaired and replaced as part of this effort.

The asphalt in the parking area is beginning to break up in front of the apparatus bays. The lot will need to be partially dug up and repaired and then the entire lot will be sealed and restriped providing clearly designated parking which long ago faded away. This part of the project will add many years to the life of the parking area. Finally, the roof over the ambulance bays will be replaced adding life to the roof as well.

The current plan is to proceed with the Disputanta Fire Station bay doors and floors repair and other facilities to address maintenance needs.
The Disputanta Volunteer Fire Department has built a reputation for putting on one of the premier golf tournaments in the area and this year their 11th annual event was no exception.

The tournament filled up with the maximum allowed 36 teams several weeks in advance and those 144 players were treated to an excellent outing on Saturday, May 11th. Dogwood Trace Golf Course proved to be a wonderful host and the golfers enjoyed playing their beautiful course. The weather forecast was not too optimistic this year, but the golfers dodged a sunrise thunderstorm and several pop up storms throughout the afternoon and managed to play the full tournament without getting wet. The teams all finished just in time as a brief shower cooled things down for them as they ate supper and prizes were awarded under the protection of the large pavilion. The Disputanta Volunteer Fire Department appreciates those sponsors that helped support them this year without whom this fundraising event would not be possible. The fire department also wishes to thank those sponsors, players, and the Dogwood Trace Golf Course for their support in making the 11th annual golf tournament a resounding success.

Chris Harris,
Disputanta

Start Triage:
Simple Triage and Rapid Treatment

The Hot Mic - When speaking on the radio, it is imperative that communication be concise and to the point. Speaking clearly and briefly will keep the attention of those listening rather than rambling about irrelevant information. There may also be another individual who has something that needs to be relayed to dispatch or responding units whether it be size-up information or a request for more resources. Read more at: http://www.fireengineering.com/articles/2013/01/understanding-emergency-communications.html

11th Annual Disputanta Golf Tournament

Upcoming Training

CPR (Open to public)       Jun 19
                           Sept 18
Search & Rescue First Responder       June 11-12
EMT-B (3 week course)       Jul 8-Aug 2

Training Calendar

Pub Ed Events

May 21
Math & Science Day @ Beazley

June 1
Fallen Firefighter Memorial Service

June 6
Law Enforcement Torch Run

July 29-August 2
Cub Scout Day Camp

August 6
National Night Out

August 10
Southern Nights Cruiser Club Fundraiser

August 10
Back to School Fair

“Neighbors helping neighbors”
Hurricane & Disaster Preparedness

Hurricane season officially starts June 1st. In the event of a hurricane and any disaster, it is essential to have a plan of action in place for your family. According to Prince George Fire, EMS, and Emergency Management intern Sarah Campbell, “we cannot stress enough the importance of having a plan in the event of a disaster.” This plan should include the following elements:

- Discuss with your family the types of hazards and threats in your area and what to do in each case. Make a list of important contact information and keep it with you at all times.
- Decide on a meeting place in case you cannot return to your home, and know where you would go if you had to evacuate your area which includes an out of town meeting place as well.
- Collect information about the locations where your family members spend the most time (school, workplace, etc.)
- Record any medications your family members take on a daily basis and be sure to include dosages.
- Collect information for others you might need to contact in an emergency. This may include doctors, pharmacists, insurance companies, veterinarians, etc.

During Hurricane Preparedness Week, there are many different items that can be purchased tax-free to help families stock on necessary items during a disaster. These items include artificial ice, blue ice, ice packs and reusable ice, batteries (excluding automobile or boat batteries), AAA, AA, C and D size or 6- or 9-volt, cell phone batteries, any battery-powered light sources, including flashlights, lanterns and glow sticks -- no candles, tarps, plastic sheeting, other flexible waterproof sheeting, bungee cords and rope, ground anchor systems or tie down kits, ratchet straps, duct tape, carbon monoxide detectors, smoke detectors, fire extinguishers, empty gas, propane or diesel fuel tanks or containers, water storage containers, including buckets, barrels, canteen, cans, cooler, nonelectric food storage coolers, bottled water, any size and number of bottles, including flavored, carbonated and vitamin water, manual can openers, battery-powered or hand-crank radios (including radios with an electrical power option), two-way radios, weather band radios and NOAA Weather Radios, storm shutter devices that are made, rated and marketed specifically for the prevention of storm damage to windows -- no plywood, cell phone chargers, and first aid kits.

“Neighbors helping neighbors”
# Birthdays

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<tr>
<th>June</th>
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<td>Brent Johnson</td>
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<td>Rebecca Decker</td>
<td>Haley Matheny</td>
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<td>Ryan Pecht</td>
<td>William Sammler</td>
<td>Amanda Hudson</td>
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<td>William Allgood</td>
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<td>Garland Foster</td>
<td>Amanda McCaver</td>
<td>Ashley Aleshire</td>
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<td>Jason Koren</td>
<td>Zackery Chafin</td>
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<td>Brad Owens</td>
<td>Philip Pugh</td>
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“Neighbors helping neighbors”
Most people in the fire service will agree that the initial on scene report is one of the most important steps in establishing a successful incident. Like any scene size up a clear and concise radio report is key but what information do we need to pass on? It is very easy to get on scene and not report enough information and on the other side of the spectrum there are times when too much information is given. I have found that the acronym A.B.C.D. is very helpful in delivering a scene size up that will help paint a picture to the responding units.

**A** - **Address**
A large number of actual working structure fires come in from witnesses who are unable to give dispatch an exact address. I have responded to calls for a structure fire and have been given an approximate street address only to find out when we arrived on scene that it was a street behind the reported address.

**B** - **Building Description**
Knowing the type of building you are responding to is key information to responding units. This information helps to plan what type of activity they will be performing once they get on scene and apparatus placement. A large type 2 commercial structure is very different from a 1000 sq ft type 5 single-family dwelling, passing on this information is vital.

**C** - **Conditions**
I like to refer to this part of the size up as when you actually put the paint to the canvas in the picture you are painting. Giving responding units an accurate description of what you see is crucial but if all you say is fire showing you might as well have said nothing. Let the responding units know where and how much fire and/or smoke there is. Light smoke showing from the eves is not the same a fire pushing from the roof with thick violent back smoke so make sure you describe everything you see.

**D** - **Deployment and directives**
This is the step where you are telling the responding units what needs to be done. First begins with identifying the operational mode you are in (investigating, rescue, offensive or defensive). Next you hand out orders to responding units. And don’t forget to establish command!!!

Here is a sample of the A.B.C.D size up. “Engine 5 is on scene 435 Main street with a 2 story wood framed row house with heavy fire and thick brown smoke coming from the A side second division. Engine 5 will be making a defensive attack, Truck 1 I’ll need you to perform vertical ventilation and Engine 1 will be back up fire attack. Engine 5’s Captain will have Main St command”

This acronym is just one more tool for your toolbox. Hopefully you find this helpful.

*Jeffrey Wallace—PGFEMS*

“Neighbors helping neighbors”
Carbon Monoxide is a toxic gas that is odorless, colorless, and tasteless. Because of this characteristics, it is nearly impossible to realize one is being exposed to the fumes, which can be lethal.

The symptoms of carbon monoxide exposure include nausea, fatigue, disorientation, dizziness, and headache. Like many other conditions, the symptoms vary from person to person and can depend on the overall health and wellness of an individual.

Carbon Monoxide is produced by any gas-powered equipment. This includes furnaces, chimneys, kerosene heaters, generators, and even tobacco smoke.

There are several steps that can be taken to reduce the risk of carbon monoxide exposure:

- Keep gas appliances properly adjusted.
- Consider purchasing a vented space heater when replacing an unvented one.
- Use proper fuel in kerosene space heaters.
- Install and use an exhaust fan vented to outdoors over gas stoves.
- Open flues when fireplaces are in use.
- Choose properly sized wood stoves that are certified to meet EPA emission standards. Make certain that doors on all wood stoves fit tightly.
- Have a trained professional inspect, clean, and tune-up central heating system (furnaces, flues, and chimneys) annually.
- Do not idle the car inside garage.

There are detectors that monitor homes for carbon monoxide detectors that can be purchased at a home improvement store. To read more on carbon monoxide, please...