Post Exposure Medical Treatment for Exposure to HIV

Post-Exposure Prophylaxis (PEP)

I understand that the exposure that I sustained meets the criteria for offering antiretroviral drug treatment in accordance with the Centers for Disease Control and Prevention’s recommendations dated May 15, 1998, June 29, 2001, September 30, 2005, and September 2013.

I understand that these drugs are offered because “theoretically initiation of antiretroviral PEP soon after exposure may prevent or inhibit systemic infection by limiting the proliferation of virus in the initial target cells or lymph nodes”.

I understand that post-exposure prophylaxis (PEP) is a four (4) week course of treatment. I understand that this drug treatment is associated with an increased risk for side effects. I have been advised that side effects may include nausea, vomiting, malaise/fatigue, headache, and/or insomnia.

I have been offered counseling by a licensed health care provider and have had an opportunity to ask questions regarding the following:

- Source patient test results (include viral load test)
- What is known and unknown about PEP
- Side effects
- Use of drugs in pregnancy (need for pregnancy testing)
- Baseline and bi-weekly blood work
- Current medication and drug interaction
- Drug allergies
- Efficacy/toxicity of these drugs
- Refraining from sexual activity and donating blood, tissues, or organs
- Importance of using condoms if sexually active

Based on this counseling session, I elect to receive PEP treatment in accordance with the current recommendations.

Member Signature: ________________________________ Date: ____________

Physician Signature: ________________________________

Physician’s Name (print) ________________________________

Developed by Katherine West, IC/EC, Inc.
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