AMC Extension Committee Meeting
Thursday, February 27, 2020
8:00-9:15 a.m.
InterContinental Hotel Governors 4 - Lower/Basement Level
This meeting is conducted during the AMC Legislative Conference.

Agenda

8:00 a.m. Welcome, Breakfast, & Introductions
Commissioner Jenny Mongeau, AMC Extension Committee Chair
* Please arrive prepared to share good news from your county during our opening introductions (60 seconds).

8:15 a.m. Update: Dean Bev Durgan, Dean, University of Minnesota Extension

8:30 a.m. Conversation with Emily Wilmes, Extension Educator-Livestock and Director of the University of Minnesota-Extension’s Rural Stress Task Force

![Emily Wilmes](image)

Please join us for a conversation about the Rural Stress Task Force. Emily Wilmes will provide an overview of their statewide work and listen to concerns from commissioners to further develop strategies and resources to support Minnesota’s rural communities.

Emily leads the new task force to bring UM Extension Centers and Partnerships together to create a concentrated statewide response, supported by university programming and research. “It allows us to approach the topic (of stress and mental health) from many different angles,” said Wilmes. “From the agricultural side, the youth and family side and the community side as well.” She says that farmers are affected by the depressed farm economy, but that rural residents are facing other issues as well.

Wilmes, who earned bachelor’s and master’s degrees from the University of Minnesota, championed mental health initiatives through UM Extension for more than a year before she was picked to lead the task force.

9:00 a.m. Additional Items – Thank you to Carver County Commissioner Randy Maluchnik, Clay County Commissioner Jenny Mongeau, Roseau County Commissioner Jack Swanson, and Ramsey County Commissioner Victoria Reinhardt for judging 4-H Community Leadership Award applications this year.

9:15 a.m. Adjourn

- We will be taking photos with the 4-H Community Leadership Winners just prior to the awards luncheon or following, depending on time. Please greet the groups and stay for a photo.
- The next committee meeting will be held in late August or early September during the Minnesota State Fair and will be a joint meeting with The University of Minnesota Citizen Advisory Committee.