Polk County (MN) Opioid Subcommittee

✓ CADCA 7 Steps for Community Change/MN Opioid Action Plan
✓ Logic Model representing partner capacity and resources to make positive impact

PROBLEM

Increase in Opioid Overdoses in Polk County

Root Causes

Individual/Community Factors - Behavior/Belief/Knowledge

Access/Availability Social/Retail

Perception of Harm/Community Norms

Local Conditions

Feelings of Despair: (Poor Health, Stress, Lack of Jobs/Access to Healthcare, Family, Financial)

Taking From Family W/O Knowledge, Healthcare Providers, Stealing, Buying/Selling on the Street

Belief Opioids are Safe, Immune from Addiction, Fear of Seeking Help, Marketing

Grand Forks (ND)/East Grand Forks (Polk)-Altru/Public Health

Community Health Improvement Plan 2016

✓ Prescribing practices
✓ Drug take back programs
✓ Access to naloxone
✓ Medication Assisted Therapy

Sarah Reese, MS, CHES
Polk-Norman-Mahnomen CHS Administrator
Polk County Public Health Director
218-281-3385
sarah.reese@co.polk.mn.us
Logic Model

Polk County Opioid Subcommittee

- Strategies: Policy Development, Education and Protective Factors Categories
  - Identified individuals/agencies who had the ability/capacity to make changes.
  - Hosted community forums: N=3, 1 in process; Social Media/Live
  - Safe Disposal Powtoon/Disposal Drop Boxes
  - Changes in provider prescription policies and promotion of alternatives
  - Naloxone training completed
  - Pharmacy’s contacted about state’s naloxone program

NEW! Impact Coalition (Norman-Mahnomen)

- Hosted community forums and events (Show Up + Valued + Hope)
- Naloxone training + community resources

---

**Policy Development**

Policies designed to prevent use/misuse of prescription drugs

- Increase Clinic Team Nursing
- Rx management in Emergency Departments
- Gradual wean patients use of Rx
- County wide provider prescription drug dispensing
- Implement “High Risk Committees” who review patient Rx history
- Implement needle exchange/safe disposal

**Opioid Education**

Increase awareness about the risks

- County wide resources and presentations
- Drug takeback/disposal dates
- Drug drop boxes and safe/proper disposal
- LEA’s conduct county wide presentations
- Medication assisted treatment (MAT) training
- Naloxone training
- Positive community norms campaigns

**Protective Factors/Resilience**

Assuring that children & adults have caring and supportive relationships within and outside of their home

- Recovery peer mentoring
- Increase positive social connections/activities for youth
- Erase stigma of substance abuse disorder