The Holidays are fast approaching and for some this may be a difficult time of year financially and emotionally. You may be thinking where will the money for gifts, food, winter coats come from? Don’t let the winter blues get you down. If you are needing assistance with the barriers mentioned please don’t hesitate to contact your case manager. We would be happy to help find a referral to assist you. Please read pg. 4 of our newsletter for information on Holiday Assistance.

We will also have referral Forms for HACAP Holiday Assistance, contact your Case Manager before 11/9/18. Sometimes limited resources can motivate people to making positive changes in life!

The FSS program has had many success with participants and we want you to be one of those successes.

FSS Coordinators!
What is an apprenticeship? An apprenticeship is an opportunity for workers who want to participate in high skilled, high paying jobs. You are able to earn income while you are learning and gaining certification in various areas. Many apprenticeships will pay for your learning time and certification. Apprenticeships are available in many fields including Health Care, Advance manufacturing, Information Technology, Baking, Plumbing and Electricians. Apprenticeships are a great way to get into a high paying job without accruing student loan debt!

Gear Up for your Future – Explore Registered Apprenticeships
Join Iowa Workforce for an interactive experience to explore Earn and Learn job opportunities and take a tour of the Goodwill light manufacturing facility. Take advantage of one-on-one conversations with hiring managers to learn more about what their company can offer you!

When: November 14, 2018 9:00 a.m. to 2:00 p.m.
Where: Goodwill – 1441 Blairs Ferry Rd NE, Cedar Rapids, IA 52402

You can also contact Iowa Workforce to find additional registered apprenticeships in Iowa. Call 319-365-9474 for more information!
Toys for Tots & Holiday Food Registration

Where:
The Salvation Army
1000 C Avenue NW
Cedar Rapids, IA 52405

When:
October 15th – October 19th
November 12th - November 16th
9:30 am – 11:30 am & 1:30 pm – 4:00 pm

Evening Opportunities:
October 17th & November 14th
4:30 pm – 7:00 pm

Eligibility: Must be a Linn county resident with a gross monthly household income of less than 185% of the poverty level. Children must be ages newborn through 14 to receive toys.

To register you **MUST** have the following:

- **Current Linn County Iowa Drivers License or Photo Identification** – If you do not have Linn County identification, you will need to bring in a piece of mail with your name and Linn County address on it along with your photo identification.

- **Proof of Children Living in Household (Must have ONE of the following):**
  
  - DHS Notice of Decision letter
  - Child’s medical card
  - Child’s social security card
  - Child’s school ID
  - Child’s birth certificate

- **Proof of Income (Must have ONE of the following):**
  
  - DHS Notice of Decision letter
  - Pay check stubs from the last month
  - WIC App showing current eligibility
  - LIHEAP Approval letter
  - Bank statement or award letter indicating Social Security Benefit

<table>
<thead>
<tr>
<th>HH Size</th>
<th>Monthly Income</th>
<th>HH Size</th>
<th>Monthly Income</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>1,872</td>
<td>5</td>
<td>4,536</td>
</tr>
<tr>
<td>2</td>
<td>2,538</td>
<td>6</td>
<td>5,202</td>
</tr>
<tr>
<td>3</td>
<td>3,204</td>
<td>7</td>
<td>5,868</td>
</tr>
<tr>
<td>4</td>
<td>3,870</td>
<td>8</td>
<td>6,534</td>
</tr>
</tbody>
</table>

For ex. Additional HH member add $666 per month.