City of Cedar Rapids

Employee Connection

May 22, 2017

Employee News

New Employees

Chelsey Sondag, CMO – Executive Administrative Assistant effective May 22. Chelsey joins the City from Advancement Resources.

Darrin Hayes, CRFD – Firefighter Paramedic effective May 15. Darrin joins the City from Johnson County Ambulance.

Benjamin Rocca, CRFD – Firefighter Paramedic effective May 15. Benjamin joins the City from the Clinton Fire Department.

Aaron Smith, CRFD – Firefighter EMT effective May 15. Aaron joins the City from PK Midwest.

Kyle Garin, PW – Public Works Laborer effective May 22. Kyle joins the City from Hy-Vee.

Landon Einck, CRPD – Police Officer effective May 15. Landon joins the City from the Police Department where he served as a Reserve Police Officer.

Employment Opportunities

Automotive Equipment Mechanic (Transit), Sewer Maintenance Worker, Library Branch Manager-Downtown

If you have questions about any of the employment opportunities, please contact Jenelle Sisneros, 286-5001. Here is a link to view and print all job postings.
The Diversity Spotlight asks City employees to share a little about themselves, their work, and their family. We hope we can spread appreciation for our differences, share in our similarities, and make our City community feel a little bit smaller.

Julio Lujan, Police Officer, Cedar Rapids Police Department

As a Police Officer I work in partnership with communities, I serve to maintain law and order, protect members of the public and their property, prevent crime, strive to reduce the fear of crime and improve the quality of life for all citizens.

Why did you choose to work for the City?
Cedar Rapids is not only a vibrant city but a City full of great opportunities.

What about your job motivates you to want to come to work every day?
To me its not just a job, it's a responsibility. Wearing a badge is a symbol of courage, strength, and integrity and that alone motivates me.

Thinking back to when you first started working for the City, was there anything that set you apart from the team you were joining? What did others do to make you feel welcome?
When I first joined the team I realized I was the second Hispanic person in the department, so that was a little nerve wracking. Others showing interest to know of my background and culture made me feel welcomed.

If you didn’t work for the City or in your current career/trade, what would be your dream job?
Movie star 😄

Describe the last time you experienced something new.
Some members of the Asian community that I have come in contact with believed I was Asian, so that made them feel comfortable interacting with me. When advising them that I was not Asian, but Hispanic, they would be surprised but very glad to know I work for the CRPD.

Where were you born? Where did you grow up?
I was born in Las Cruces, NM and grew up El Paso, Texas.

If your family/friends had to describe you in three words, what would they be?
Leader, loving, and Blessed

The Diversity Spotlight is moving to a new format! We will continue getting to know our fellow City employees in a video series titled “Finding Your Place.” Look for it this summer.
Save the Date for our 27th annual event!

Especially for You® Race Against Breast Cancer

Sunday, October 1, 2017

Mercy’s Hall-Perrine Cancer Center, Cedar Rapids, IA

Online registration is now open!

Please click here to register online as a participant on the City of Cedar Rapids team

Please contact Dawn Kolosik, Building Services, at 286-5577 with any questions about this year’s race.

Password Self Service Enrollment

It has come to our attention that some people may have not received this message on May 1 so IT is resending it.

The City of Cedar Rapids Information Technology Department has implemented a password self-service tool to help city employees manage their Domain User Name password without IT ServiceDesk assistance. The Domain User Name is what you use to log on to your City computer device.

With this tool, users can unlock and reset their password.

To enroll yourself click the following link:  [https://selfservice.cedar-rapids.org:9251](https://selfservice.cedar-rapids.org:9251)

Otherwise, you can enroll from any mobile device by downloading the ManageEngine ADSelfService Plus app. You will need to enter in the following information:

- Enable https: On
- Server Name or IP Address: selfservice.cedar-rapids.org
- Port:9251

Instructions are here: [http://cratwork/BusinessTools/technology/Resources/Documents/Self%20Service%20Password%20Reset.docx](http://cratwork/BusinessTools/technology/Resources/Documents/Self%20Service%20Password%20Reset.docx) to assist you with the enrollment process. However, please do not hesitate to contact the IT ServiceDesk directly with any questions.
Move Naturally with Community Involvement

Volunteer to plant trees at Ellis Park

Thursday, June 1
9:00 AM
Meet at Ellis Boulevard and Zika Avenue NW for a brief demonstration and planting.

*One ‘Wellness Hour’ may be used for this event.
Time away from your normal work schedule must be approved by your supervisor.

For questions please contact Holly Ruble, ext 4859

wellness
CITY OF CEDAR RAPIDS
Women’s City Am Golf Tournament

Register now for the 2017 Cedar Rapids Women’s City Amateur Tournament. The tournament will be held Thursday, June 15 and Friday, June 16 at Twin Pines and Ellis Golf Courses. The entry fee is $50 per player, with additional golf cart fees for each round. You must be a resident of Cedar Rapids, Hiawatha, Marion or be a 2017 season pass holder.


Office Chair Yoga

Do you need a break in your day?
Have you been sitting at your desk for too long?
Curious about yoga and its benefits?

Join Anji for a gentle Chair Yoga class designed to relieve tension through gentle stretching and strengthening yoga exercises. You don't even have to change clothes! Come as you are and discover the health benefits of yoga and feel revitalized in your day!
Beginner-friendly and all employees welcome!

“Wellness Hours may be used for this event

Thursdays May 4th - June 22nd
12:15 - 12:45 pm
Veterans Memorial Bldg., 50 2nd Ave SE

May 4 - Armory, Basement Level
May 11, 18, 25 - 4th Floor Ballroom
June 1, 8 - Armory, Basement Level
June 15, 22 - 4th Floor Ballroom

Anji Antkowiak, MS, E-RYT
Lead Health Coach,
Health Solutions, LLC
Certified Yoga Instructor,
Yoga Alliance
Quarter 2 Activity Incentive Program

It’s not too late to get your name in the drawing!

Quarter 2 runs April 1 – June 30, 2017

Tracking data for Quarter 2: Employees and spouses must track all their data for April 1 – June 30th by July 7, 2017. If your data is being automatically synced you will not need to do anything. All data will be automatically loaded. Only if you are manually reporting some activities it needs to be entered by July 7th.

If you haven’t already, register for Quarter 2 Now!

Every quarter employees and spouses must enroll in the new quarter. See the steps below for how to register for quarter 2 – ensure that your device is synced (see below) and that you have manually back-entered activity starting April 1.
1. Log in to your personal Health Solutions account
2. Under the “Challenges”, click “Choose” (see right)
3. Select the Quarter 2 Activity Challenge (see right)
4. Click “Enroll”

If you have any questions regarding this challenge please contact Anji Arndtoviar at 319-440-0787 anji.arndtoviar@halo.co.com
MEMORIAL DAY SERVICE

ALL-VETERANS MEMORIAL PARK
Veterans Memorial Drive SW, Cedar Rapids.
next to the Veterans Memorial Stadium—home of the Cedar Rapids Kernels.
MONDAY, MAY 29, 2017 10:00 am

Traditional program to include: Presentation of The Colors, General Logans Orders, Placement of Wreath, Service Song Medley and other musical selections, a Guest Speaker, Volley Salute and more.

We look forward to seeing you on Memorial Day.

THE VETERANS MEMORIAL BUILDING IS OPEN FROM 8:30AM—4:30PM ON MEMORIAL DAY.
MEMORIAL WINDOW & MILITARY DISPLAYS ARE ALWAYS FREE & OPEN TO THE PUBLIC.
50 2ND AVENUE BRIDGE, CEDAR RAPIDS, IOWA, 52401  319.286.5038.