Employee Connection

July 9, 2018

Employee News

New Employees

Brittany Essaf, Library – Library Shelver effective July 9. Brittany joins us from The Java House in Iowa City.


Scott Hock, Parks & Recreation – Parks & Recreation Director effective July 9. Scott joins us from the City of Davenport, IA.


Mark Young, Transit – Service Worker effective July 9. Mark joins us from Arrow Express in Cedar Rapids, IA.

Employee Promotions

Curtis Walser – Fire – has been promoted to Fire Administrative District Chief effective March 3. His previous position was Fire Captain (Day) Paramedic.

Andrew Engelken, Fire - Congratulations for earning his Paramedic certification. Andrew has been with the CRFD since 2013.

Employment Opportunities

Here is a link to view and print all job postings.

If you have questions about any of the employment opportunities, please contact Katie Meyer, x 5138.

TABLE OF CONTENTS

City Manager & Directors Update 2
Polk County Assistance 2
Org Health 3
School Supplies Drive 4
Wellness Info 5
Meet Me at the Market 6
Employee Golf Tourney 7
City Manager and Director Updates

Federal Funding for Flood Control
We are very excited for the news we received last week on $117 million in federal funding for flood protection. Moving forward, staff will work closely with the Army Corps of Engineers to establish a partnership agreement, which will guide construction of east side segments and establish timelines moving forward. The City is committed, and has planned for, permanent protection for both sides of the river. While the award is significant, there is much work that remains. Federal and State dollars are only a portion of the project cost. City contributions are also a critical component. On Monday, July 9, the Flood Control System Council Committee and the Finance and Administrative Council Committee will be hosting a special joint meeting to discuss the importance of flood control in Cedar Rapids and ideas for funding the City’s portion to complete the system.

Public Review of Draft Zoning Code
The complete draft of the zoning code update is available for public review. Residents can access the full plan on the City’s website: www.cityofcr.com/rezone. The plan was posted online and sent directly to stakeholders on July 3. The public can leave comments through the website, email or call the Community Development Office directly, 286-5041 or cd-plan@cedar-rapids.org. In addition to online feedback, the public is invited to visit with the Community Development Department and share questions or concerns on the draft plan.

The draft will be available for review and comment until August 3, although comments will be accepted until adoption by City Council.

Supporting Polk County
Public Works Street Operations Manager Mike Duffy recently visited Polk County to support the emergency operations of our friends in Des Moines, following the torrential rainfall and flash flooding they experienced. Mike is just one of our City employees who is assisting with disaster recovery efforts in Des Moines. We also sent a team of building inspectors to assist with housing inspections and damage assessments. Thank you Kevin Ciabatti, Duncan McCallum, Mike Sedlacek, and Tim Miller for helping in the weeks following the storms.
What can you do to develop your skills?

For the month of July, we will focus on our City’s mission: **Strengthen our team to strengthen our city.** Individually and collectively developing our skills is one way to strengthen our team. Enhancing our job knowledge, abilities and performance can take many forms. According to The Center for Creative Leadership, for maximum skill development we should follow the 70:20:10 rule. According to these findings, 70% of our learning time should occur on the job. This might take the form of new job assignments, assisting a co-worker or filling in for someone when they are on vacation. Twenty percent of our learning should occur by interacting with others. This may be through staff meetings, planning sessions, informal lunches and after incident reviews. The final 10% of our learning time should occur in the classroom. Examples of classroom learning include online courses, in-person training, college classes and workshops instructed by experts. Creating a blend of experience, exposure and education will develop your skills and strengthen our city.

**Organizational Health Question:** *What learning experiences have helped you develop your skills?*

Click [here](#) to answer the question and be entered in the organizational health monthly drawing.

For more information about the organizational health initiative at the City of Cedar Rapids contact: Sue Sager, Organizational Development Manager, [s.sager@cedar-rapids.org](mailto:s.sager@cedar-rapids.org) 319-777-1699.
School Supply Drive
July 11–25
Donations will benefit the College Community School District
Recipients are children w/in Prairie Elementary Schools
Look for the donation baskets located w/in your building!

Most Needed Items:

☐ Backpacks  ☐ Scissors
☐ 1” Binders  ☐ Clorox Wipes
☐ 3x3 Post-it Notes  ☐ Washable Markers
☐ Dry Erase Markers  ☐ Colored Pencils
☐ Tissues  ☐ Highlighters
☐ #2 pencils  ☐ In-expensive Headphones

For more information, contact the CR Cares Committee at:
S.Sampson@Cedar-Rapids.org
**Wellness Info**

**Watermelon-Yogurt Ice**

*Cook* 20 m  *Ready In* 1 h

*Recipe By:* EatingWell Test Kitchen

“Inspired by creamy watermelon sherbet, our light and refreshing dessert captures the essence of summer.”

**Ingredients**

- ¾ cup water
- ¾ cup sugar
- 4 cups diced seedless watermelon, (about 3 pounds with the rind)
- 1 cup low-fat vanilla yogurt
- 1 tablespoon lime juice

**Directions**

1. Combine water and sugar in a small saucepan. Cook, stirring, over high heat until the sugar is dissolved. Transfer to a glass measuring cup and let cool slightly.

2. Puree watermelon in a food processor or blender, in 2 batches, pulsing until smooth. Transfer to a large bowl. Whisk in the cooled sugar syrup, yogurt and lime juice until combined. Pour the mixture through a fine-mesh sieve into another large bowl, whisking to release all juice. Discard pulp. Pour the extracted juices into an ice cream maker and freeze according to manufacturer’s directions. (Alternatively, pour into a shallow metal pan and freeze until solid, about 6 hours or overnight. Remove from freezer to defrost slightly, 5 minutes. Break into small chunks and process in a food processor, in batches, until smooth and creamy.) Serve immediately or transfer to a storage container and freeze for up to 2 hours.

**Make Ahead Tip:** If frozen longer than 2 hours, break into chunks and puree in a food processor until smooth before serving.

**Serving size:** ½ cup

Per serving: 74 calories; 0 g fat (0 g sat); 0 g fiber; 16 g carbohydrates; 2 g protein; 6 mcg folate; 2 mg cholesterol; 15 g sugars; 9 g added sugars; 447 IU vitamin A; 7 mg vitamin C; 58 mg calcium; 0 mg iron; 21 mg sodium; 155 mg potassium

Carbohydrate Servings: 1

Exchanges: 1 fruit | 1 Carbohydrate Serving

ALL RIGHTS RESERVED © 2018 EatingWell.com
Printed From EatingWell.com 5/31/2018
Meet Me at the Market

Newbo City Market

Thursday, August 2

Must ‘check in’ at event to get 25 wellness points.

Walk – 5:30 p.m.

Short Run- 5:45 p.m. Approximately 3.1 miles out to prairie park fishery and back

Long Run – 5:45 p.m. Prairie Park Fishery 6-9 miles

Bike – 6:00 p.m.

Dance – 6:00 p.m. Bellyfit led by Shari McDowell

Yoga – 7:00 p.m. Vinyasa led by Melicia Patik

Go to meetmecr.org for event details.
For questions please contact Holly Ruble, ext 4859.
2nd Annual
CITY OF CEDAR RAPIDS
GOLF OUTING
Open to All City Employees, Families and Guests

4 - Person Best Shot at Jones Golf Course
Saturday, August 25     8:00 AM Shotgun Start
$35 per person (includes Golf, Cart, Lunch, Prizes)

Not a Golfer? You can still join in on the fun!
Come play Bags, Ping Pong, and practice your putting on the practice green.
The lunch fee for non-golfers is $6 per person.

Questions? Contact Mark McMahon, Head Golf Professional
m.mcmanahon@cedar-rapids.org, 319-286-4589

Deadline: 5:00 PM, Friday, August 10, 2018

2ND ANNUAL CITY OF CEDAR RAPIDS GOLF OUTING ENTRY FORM

Player #1 Last Name: ___________________________ First Name: ___________________________
Player #2 Last Name: ___________________________ First Name: ___________________________
Player #3 Last Name: ___________________________ First Name: ___________________________
Player #4 Last Name: ___________________________ First Name: ___________________________

Don’t have a foursome? Sign up below as a single and we will pair you with a group.
Single Player Last Name: __________________________ First Name: __________________________

☐ CHECK ENCLOSED (Payment must be received by 5:00 PM, August 10, 2018.)
Make checks payable to City Treasurer and send to Ellis Golf Course; Attn: Mark McMahon, Head Golf Professional; 1401 Zika Avenue NW; Cedar Rapids, IA 52405.